

CURRICULUM VITAE

NAME: Richard M. Fleming, M.D.
F.A.S.N.C. (Diplomate), F.A.C.P., F.A.S.A.
Preventive & Nuclear Cardiologist, Internist,
Researcher & Author

CURRENT POSITION: Cardiologist, Reno, NV &
Cardiovascular Institute of Southern Missouri
Poplar Bluff, MO

PRESENT TITLES: Nuclear & Preventive Cardiologist
Reno, NV

BIRTH DATE: [REDACTED]

CHILDREN: [REDACTED]

CITIZENSHIP: USA.

EDUCATIONAL EXPERIENCE

UNDERGRADUATE EDUCATION:

University of Iowa, Iowa City, Iowa, Undergraduate Studies, Jan. - May 1976.

Hawkeye Institute of Technology, Waterloo, Iowa, Emergency Medical
Technician – Ambulance (07-29-07), 1977 - 1978.

University of Northern Iowa, Cedar Falls, Iowa, BA. General Science, Biology,
Psychology; Minor in Chemistry, Graduated *Cum Laude*, 1980.

GRADUATE EDUCATION:

University of Northern Iowa, Cedar Falls, Iowa, Graduate Studies in Psychology, 1980 - 1981. Prof. Gordon Harrington (Mentor)

University of Iowa Medical School, Iowa City, Iowa, Medical Doctorate, *Graduated with Honors Program - Internal Medicine*, 1986.

POSTGRADUATE TRAINING:

Internship, University of Iowa Program B, 1986-1987

Internal Medicine Residency, Creighton University, Omaha, Nebraska, 1987 - 1989.

Cardiology Fellowship, University of Texas at Houston, Houston, Texas 1989 - 1992. Dr. K. Lance Gould (Mentor-PET)

Institute for Nuclear Medical Education, Boulder, Colorado, 1991.

Principles of Radiation Physics
Medical Radiation Instrumentation
Medical Radiation Protection
Radiopharmaceuticals and Chemistry.

Cardiolite Clinical Training Program (Nuclear Cardiology) - 1991

Positron Emission Tomography (PET) Certification 1991 - 1992

TEACHING POSITIONS

UNDERGRADUATE

Instructor, (Classes through Department of Physical Education), Cardiopulmonary Resuscitation and First Aid, University of Northern Iowa, Cedar Falls, Iowa 1976 - 1979.

Laboratory Instructor, Department of Biology, University of Northern Iowa, Cedar Falls, Iowa 1977 - 1980.

GRADUATE

Graduate Teaching Assistant, Department of Psychology, University of Northern Iowa, Cedar Falls, Iowa 1980 - 1981.

MEDICAL SCHOOL

Phlebotomist and Trainer, University of Iowa Hospitals and Clinics, Iowa City, Iowa 1982-1983.

CPR – Basic (Affiliate Faculty) and ACLS (I/T) Assistant for classes at University of Iowa, Iowa City, Iowa, 1982-1984.

CARDIOLOGY

Clinical Instructor/Cardiology Fellow, Department of Cardiology, University of Texas Health Science Center at Houston, Houston, Texas, 1989-1992.

Director of Nuclear Cardiology and Lipid Research, the Center for Clinical Cardiology & Research, Iowa, 1992–1995.

Development Effort of a Nuclear Technologist Program for Methodist College, Omaha, NE, with Pat Sullivan, July 1998-April 1999.

Clinical Service Association, Department of Cardiology, Creighton University, Omaha, NE, 1999-2004.

The Fleming Heart & Health Institute, Omaha, NE, 1999-2004

Veterans Administration Health Care System, February 2005 – Present.

Gulf Coast Veterans Health Care System, Biloxi, MS, 2005-2007

VA Central Iowa Health Care System, Des Moines, IA, 2005-2008

VA Sierra Nevada Health Care System, Reno, NV, 2005-2007

Exercise Stress Testing Certification Director for IM Residents, 2005-2007

Electrocardiogram Conference Director for IM Residents, Morning Report, 2006-2007

Nuclear Cardiology Reviewer, January 2006-2007

Physician Services Contractor – Inspecting Military Medical Facilities, 2007

Cardiologist, Cardiovascular Institute of Southern Missouri, Poplar Bluff, MO, 2008-Present

RADIATION ONCOLOGY

Adjunct Assistant Professor, Radiation Oncology Department, University of Nebraska Medical Center, Dr. Charles Enke, September 1, 2000 – December 5, 2005.

PHYSICS

Adjunct Professor, Department of Physics, Hampton University, Hampton, VA
Proposed 2005, Studies in Development with FH Washout.

HOSPITAL, CLINIC, CONSULTATIVE or INSTITUTE APPOINTMENTS

STAT Care Physicians, Houston, Texas 1990-1992
San Jacinto Methodist, Baytown, TX 1991-1992
Twelve Oaks Hospital, Houston, TX 1990-1992
Gulf Coast Hospital (now closed), Houston, TX 1990-1992
Westbury Hospital, (now Cornerstone Hospital of Houston), Houston, TX 1990-1992
Center for Clinical Cardiology and Research, 1992-1995
Delaware County Memorial Hospital, Manchester, Iowa, 1992-1993
Virginia Gay Hospital, Vinton, Iowa 1992-1993
Acute Care, Inc., Ankeny, Iowa 1993-2002
Sartori Memorial Hospital, Cedar Falls, Iowa 1993-1994
Pella Community Hospital, Pella, Iowa 1994-1994
Buena Vista Regional Medical Center, Storm Lake, Iowa 1994-1996
Marshalltown Medical and Surgical Center, Marshalltown, Iowa 1994-1994
Consultants in Cardiology (clinic facility known as Midlands Medical Clinic), Dr. Vincent Miscia, Omaha, Nebraska, 1994-1995
Floyd Valley Hospital, LeMars, Iowa, 1995-1996
Our Lady of Lourdes Hospital (now Faith Regional), Norfolk, Nebraska 1995-1996
Heartland Medical Clinic, Omaha, Nebraska, 1995 - 1996
Saint Joseph's Hospital, Omaha, Nebraska, 1987 - 1989
Medical Director & President, Integrated Physicians of Nebraska, PC, 1996-1999
Columbus Community Hospital, Columbus, NE. Consulting Physician, 1998 - 2002.
MDS Harris Consultant, Lincoln & Omaha, NE 1998-1999
Shenandoah Memorial Hospital, Shenandoah, IA, 1998-2001
Missouri Valley Hospital (now Alegent Health Community Memorial Hospital), Missouri Valley, IA, 2000-2001
The Fleming Heart & Health Institute, Omaha, NE, 1999 - 2004
Creighton University Medical Center, Omaha, NE, 1999-2004.
The Camelot Foundation (Not-for-Profit), 2000-2005
University of Nebraska Medical Center, Adjunct Professor, Department of Radiation Oncology, Omaha, NE, 2000-2005.
Hampton University, Center for Advanced Instrumentation, Adjunct Professor, Department of Physics, Hampton, VA, Proposed 2005
Veterans Administration Hospital, Biloxi, Mississippi. 2005-2007.
Veterans Administration Hospital, Des Moines, Iowa. 2005-2008.

Veterans Administration Hospital, Reno, Nevada, 2005-2007
Inspector for Military Medical Facilities, 2007
Poplar Bluff Regional Medical Center, 2008 - Present

LICENSURES

Iowa License # 26135, July 1, 1987 (Active)
Nebraska License # 17502, August 10, 1987- Oct 1, 2004 (Inactive)
Texas License #H7414, June 12, 1990 - Feb 28, 2004. (Inactive)
Illinois License #036-108577, February 11, 2003 – July 31, 2005 (Inactive)
Oklahoma License #24141, July 23, 2004 – July 1, 2005 (Inactive)
Missouri License #2005031306, September 26, 2005 (Active)
Radioactive Material License L04513 Texas, 1991
Radioactive Material License 0232-1-57-M2 Iowa, 1992
Radioactive Material License 01-91-01 Nebraska, 1999-2004.

CERTIFICATION EXAMINATIONS

Flexnor Examination, Iowa State Board of Medical Examiners Components I & II, June 1986.

American Board of Internal Medicine September 12, 1990 (#126107)
Re-certification started 2005

Hazard Communication Training, UTHSCH, Jan. 1990

Nuclear Medical Education 1991
Medical Radiation Protection (Completion & Competency)
Radiopharmaceuticals and Chemistry (Completion & Competency)
Principles of Radiation Physics (Completion & Competency)
Medical Radiation Instrumentation (Completion & Competency)

Technetium generator eluting, quality control and disposal, 1991

Fundamentals of PET and Computer Applications, March 1992

Interpretation of Percent Diameter Stenosis from Coronary Arteriograms, (# 001)
April 1994

Board Certified/Diplomate in Nuclear Cardiology, October 22, 1996 (#125)
The Certification Council of Nuclear Cardiology (CCNC).
www.cbnc.org/status.cfm

PROFESSIONAL ORGANIZATIONS

Premedical

Beta Beta Beta Biological Honor Society, Delta Iota, 1978.

Officer of Tri-Beta Biology Honor Society, University of Northern Iowa, 1978 - 1981.

Medical School

Caduceus Medical Education, University of Iowa College of Medicine,

Vice - President 1981

President 1982.

Scientific Societies

Physicians for Social Responsibility, 1982 - 1987.

American Association for the Advancement of Science, Member, 1992 - 1998

New York Academy of Sciences. Full Member 1994 - 1996

American Medical Student Association 1981 - 1998.

American Medical Association, 1986 - 1998, 2006 - Present. 01803861800

Member of the American Board of Radiation Safety (ABMRSO) Officers, 1992 - 1998.

Fellow of the American College of Angiology, 1990.

American Association for Nuclear Cardiology Full Member, 1992 - 1996.

Founding Fellow American Society of Nuclear Cardiology, 1996.

Fellow International College of Angiology, 1994.

Fellow American College of Physicians/American Society of Internal Medicine, 2000.

Fellow American Society of Angiology, 2006.

Specific Invited Medical Colleges

American College of Physicians 1986

Associate 1986 - 1991

Member 1991 - 2000 (00025926)

Fellow 2001 – Present.

Fellow American College of Angiology 1992

Fellow International College of Angiology 1994

Diplomate - American Society of Nuclear Cardiology 1996

International Society for Heart Research 1996

Fellow of the American College of Physicians-American Society of Internal
Medicine, 2000 – Present.

Fellow of the American Society of Angiology, 2006

Medical Societies

American Medical Association 1986 - 1999

Texas State Medical Society 1990 - 1992

Harris County Medical Society (Texas) 1990 - 1992

American College of Angiology 1992

Iowa State Medical Society 1993 - 1995

International College of Angiology 1994

American Society of Nuclear Cardiology 1996.

International Society for Heart Research 1996

Non-Medical Organizations

Promise Keepers 1994

The Omaha Club 1996 - 2000

The Greater Omaha Chamber of Commerce 1999

Committee Chair Pack 60 Cub Scouts 2001 - 2003

Committee Chair Troop 461 Boy Scouts 2002 - 2003

Board of Trustees, Mid-America Council, BSA, 2003 - 2004

Knights of Columbus, 4th degree, 2003.

American Heart Association

American Heart Association - Iowa Heart Affiliate, 1976 - 1989.

Basic Life Support Instructor, 1976 - 1981.

Basic Life Support Instructor - Trainer, 1981 - 1986, and 1992 - 1994

Advanced Cardiac Life Support Instructor, 1986 - 1988, 2006 - Present.

President of the Pottowattamie Unit, Iowa Heart Association, 1988 - 1989.

Physician Cholesterol Education Faculty - Iowa Heart Association, 1988 - 1989.

American Heart Association - Nebraska Affiliate 1995 - 1996

American Heart Association, Member on **the National Council on Circulation**, 1990 - Present.

Nominated for **National Council - Nutrition Committee**, American Heart Association. September 2001.

Advanced Cardiac Life Support, *Experienced Provider*, November 2006 - Present.

Advanced Cardiac Life Support, *Experienced Provider Faculty*. 2007-Present

COMMITTEES

Policy Committee for the Iowa Heart Association, Standards for Performing and Certifying in BCLS, 1988 - 1989

Call for Help Committee, Iowa Heart Association, 1988 - 1989

Member for Proposed Board of American Association for Nuclear Cardiology (AANC), 1992 - 1997

Member of the American Board of Medical Radiation Safety Officers (ABMRSO). 1992 - 1997

American Heart Association - Nebraska Affiliate
Program Committee for Douglas County, 1995 - 1997
Program Committee for Sarpy County, 1995 - 1997

Board Member of Nebraska Heart Association
Douglas County March 1995 - 1997
Sarpy County March 1995 - 1997

Training and Credentialing Committee - American Society of Nuclear Cardiology
CCNC Examination Committee 1997 - 2002
CCNC Sub-Chairman 1997 - 2002

Member of Advisory Board, University of Northern Iowa, College of Natural Sciences Industrial Advisory Board, 1997 - 2005.

Our Healthy Community Partnership - Health Advisory Board 1997 - 1999.

Roundtable member for National Meeting "Build a Better Bridge: Improving working relations, communications, and referrals between traditional and alternative health care." American Chiropractic Association Headquarters, Arlington, VA, March 23, 1998.

Advisor for the TriCor (fenofibrate) Advisory Meeting - April 17, 1998, Chicago, IL (Abbott)

Board Member of the National Training and Credentialing Committee American Society of Nuclear Cardiology (with ACC and AHA) 1999 - 2002.

International College of Angiology **Board Member**, July 2000 - 2001.

Co-Chairman of Membership Committee for the International College of Angiology, July 2000 - 2001.

Consultant to Advisory Meeting: "Increasing Cardiac Oxygen Efficiency: The Missing Piece in the Management of Chronic Ischemic Heart Disease." New Orleans, LA, November 11, 2000.

Nominated to **Editorial Board** Preventive Cardiology, October 2001.

Advisory Board Member for The American Breast Cancer Guide, February 2002.

Lipid consultant board. Abbott pharmaceutical company. May 10-11, 2002.

Reviewer for Lipid abstracts for American Heart Association, 2001 – Present.

ICU Education Committee, Sierra Nevada Health Care System. 2006 - 2007.

PBRMC (Poplar Bluff Regional Medical Community) D2B (Door-to-Balloon) Cath Lab Activation Protocol Committee. 2008.

HONORS, AWARDS AND RECOGNITIONS

Iowa High School Science Student, *Physics* Competition, 1973 - 1974.

American Association of Retired Persons, Medical Scholarship, 1985 - 1986.

Senior Honors in Internal Medicine, University of Iowa, 1985- 1986.

Allen Memorial Foundation Service Award, Allen Memorial Hospital, Waterloo, Iowa 1989.

American Heart Association, *Iowa Affiliate Faculty Award*, 1989.

Who's Who Among Rising Young Americans, 1991

Nomination and Approval for Fellowship, American College of Angiology. 1992

Recommended to Governor of Iowa as Future Member of the Iowa State Board of Health. 1994 and 2000.

Nomination and Approval for Fellowship, International College of Angiology. 1994.

Nominated for the Young Investigator Award. Presentation 41st Annual World Assembly, American College of Angiology. San Antonio, Texas October 1994.

Invited to present on lipid management at the 5th World Congress on Heart Failure, Washington, DC, May 1997

Strathmore's Who's Who - July 1997, Lifetime Member

Advisory Panel to Graduate Dean of Sciences, University of Northern Iowa, July 1997.

Nominated for the John B. Chang International College of Angiology Award, 1998.

Co-Chair *Atherosclerosis Session*, 40th Annual World Congress, the International College of Angiology Meetings, Lisbon, Portugal, 28 June - 3 July, 1998

National Advisory Board for America Talks Health Network - Expert in Field of Cardiology. April 1998.

KRTK FM 97.1 Nationally Syndicated Radio Talk Program America Talks Health", "Award for 1998 Breakthroughs in Heart Disease" Dr. Keith Robinson, Houston, TX 23 January 1999.

Co-Chair *Coronary Artery Disease - I Session*, 41st Annual World Congress, the International College of Angiology Meetings, Sapporo, Japan 7 July 1999

Co-Chair *Basic Research - I Session*, 41st Annual World Congress, the International College of Angiology Meetings, Sapporo, Japan 7 July 1999

Chairman *Atherosclerosis Session*, 41st Annual World Congress, the International College of Angiology Meetings, Sapporo, Japan 7 July 1999

Co-Chair Prognostic Implications of Risk Factor Modification, American College of Cardiology meetings, Anaheim, CA, March 2000.

Honorary Lecturer at the American College for Advancement in Medicine, the Denham Harman Lecture, Inflammation and Coronary Artery Disease (The Fleming Unified Theory of Vascular Disease), Dallas, TX, May 5, 2000.

Invited presenter for the USDA Research Program on Health and Nutrition Effects of Popular Weight-Loss Diets Public Meeting. Request for Deputy Secretary Dr. Kennedy to present both **Oral and Written Testimony** entitled "*Obesity and Related Health Problems are the Result of Too Many Calories and Too Much Saturated Fat Regardless of the Misconceptions Promoted by Many Popular Weight Loss Programs*". January 11, 2001. USDA South Agriculture Building, Jefferson Auditorium, Washington, DC.

Abstract Evaluator for University of Nebraska Medical School 5th Annual Cardiovascular Disease Symposium, Omaha, NE February 9, 2001.

Keynote speaker at the 5th Annual International Congress of BioEnergetic Medicine. Orlando, Fl., May 26, 2001.

Abstract grader for "Lipid Disorders and Lipoprotein Metabolism" to be presented at the American Heart Association Scientific Sessions. June 2001.

Member of the Selection Team for "Lipid Disorders and Lipoprotein Metabolism" for the November 2001 Scientific Sessions of the American Heart Association. July 2001.

Co-Chair and Moderator for "Cholesterol-Rich Lipoprotein Metabolism" session, 2001 Annual Scientific Sessions of the American Heart Association. Anaheim, CA, USA, 14 November 2001.

Reviewer for the Asia - Pacific Forum "The Genomics Revolution: Bench to Bedside to Community" and the 42nd Annual Conference on Cardiovascular Disease Epidemiology and Prevention." Honolulu, Hawaii, USA, 23-26 April 2002.

Member of the Selection Team for "Lipid Disorders and Lipoprotein Metabolism" for the Scientific Sessions of the American Heart Association. 2002, 2003 and 2004.

Invited Guest of the American Dietetic Association, 85th ADA Annual meeting, Philadelphia, PA 19-22 October 2002.

Physician of the Year Award 2003, Washington, DC, February 25, 2003.

Co-Chair for Health and Nutrition Session, American Oil Chemists Society, Kansas City, MO, May 7, 2003.

Member of ABC news expert group on Diet and Nutrition. 2004 – Present.

Member of ABC news expert group on Cardiovascular Disease 2005 – Present.

Second place/runner-up poster presentation, "What effect do isocaloric low-fat, low-carbohydrate and moderate-fat diets have on obesity and inflammatory coronary artery disease?" 8th International Conference, Vascular Endothelium: Translating Discoveries into Public Health Practice. Sponsored by the CDC, Crete, Greece, 29 June 2005.

Invited member of Speakers Bureau for Society of Nuclear Medicine (Molecular Imaging) 19 March 2008.

SERVICE TO COMMUNITY (Including talks, radio, TV and newspaper):

Training/Lectures:

CPR Instructor Participation in the Allen Hospital Cardiac Rehabilitation Program, Waterloo, Iowa, 1976 - 1977.

Emergency Medical Technician and Member of the University of Northern Iowa Rescue Squad, Cedar Falls, Iowa, 1976 - 1980.

Basic Cardiopulmonary Resuscitation Classes, American Heart Association, Iowa Affiliate, 1976 - 1989.

Faculty Lecturer for the Physicians Cholesterol Education Program, 1988 - 1989.

Hypercholesterolemia and Its Treatment, University of Texas at Houston, Internal Medicine Residents, October 18, 1990.

Hypercholesterolemia and Coronary Heart Disease, Second Annual Family Practice Medicine for the 90's, October 25, 1990.

Reversal Therapy and Coronary Heart Disease, Second Annual Family Practice Medicine for the 90's, October 25, 1990.

An Update on Nuclear Cardiology, Cedar Rapids and Community Physicians, Cedar Rapids, Iowa November 30, 1992.

Faculty for the Fifth Annual Cedar Rapids Heart Symposium for the Practicing Primary Care Physician. Medical Case Studies. February 26, 1993.

Modifying Your Risk Factors After Your Heart Attack or Coronary Artery Bypass Operation. Iz Lewis Zipper Club, Omaha, Nebraska, February 22, 1995.

Heart at Work Program presented at Midlands Community Hospital, April 12, 1995

Co-Chairman for the Smith Barney American Heart Walk, Nebraska Heart Association, AHA, 1995 and 1996.

West Omaha Rotary Club, Omaha, NE, "Heart Disease" Talk, August 22, 1997.

River City Reagents, Omaha Club, Omaha, NE, September 5, 1997.

Free Public Seminar "How Changing Your Diet Could Help You Live Longer", Embassy Suites Hotel, Omaha, NE, September 28, 1997.

River Oaks Country Club Lecture Series, Coronary Artery Disease and How to Bypass Your Bypass. Houston, TX. October 3, 1997.

Unique Books of River Oaks, Houston, TX, Talk (Hosted by Dr. Denton and Mrs. Cooley), October 3, 1997. Invited guests included: President and Mrs. Bush, Mr. David Brinkley.

The University of Northern Iowa, Cedar Falls, IA, "Nuclear Cardiology and Heart Disease." Lantz Auditorium, October 11, 1997.

The Writers Harvest, National Benefit to aid with Hunger and Poverty, Sponsored by Barnes & Nobles Nationally, Omaha, NE, October 23, 1997.

Our Healthy Community Partnership - Public Health Policies for Douglas and Sarpy County, Nebraska. November 1997.

The Alternative Healing Expo at the Phoenix Center & Unity Church of Omaha, "How to Bypass Your Bypass". The Truths and Falacies of Diet, Nutrition and Disease. January 24, 1998.

Womens Health Fair at Aksarben, Cholesterol Screening and Discussion of Womens Risk for Heart Disease, Omaha, NE, February 21, 1998.

National Advisory Board for America Talks Health Network - Expert in Field of Cardiology, Houston, TX, April 1998.

Houston Rotary Club, Galleria, Talk "Heart Disease, What Causes It and What You Can Do About It.", Houston, TX, April 13, 1998. Invited Guests include Judge McSpadden.

Houston Forum Speakers Bureau, "The Pathogenesis of Vascular Disease, Where Are We Headed?" Houston, TX, April 16, 1998.

Hickory Hills Elementary School, Papillion, NE, Talk with second and fourth grade students about Heart Disease and Writing, 17 September 1998.

Papillion - LaVista Public Schools Community Connection, "Students Learn About the Heart." Papillion - LaVista, NE, October 1998.

District 66 Schools, "Smoking Cessation Program/Class" for High-School Students, Omaha, NE, January-May (Spring Semester) 1999.

"How Does Your Heart Work", A presentation to third graders at Hickory Hills Elementary School, February 9, 2000.

The Human Heart, A presentation to fifth graders at Hickory Hills Elementary School, February 21, 2000.

"How do the heart and lungs work." Hickory Hills Elementary School, Papillion, NE 20 February 2001.

"What is the Heart" Walnut Creek Elementary School, Papillion, NE, 20 February 2001.

Smoking and Other Recreational Drug Use. How to Respond to Peer Pressure and Just Say NO! Hickory Hills Elementary School, Papillion, NE 19 October 2001.

"How nutrition affects your heart and health." UNMC LIFeStyle Enhancement Center. 24 January 2002.

"How your heart and lungs work together and keep you healthy." 5th grade Hickory Hills Elementary School, Papillion, NE, 4 March 2002.

"What do your Heart and Lungs look like?" 3rd grade Walnut Creek Elementary School, Papillion, NE, 5 March 2002.

"What does your heart look like?" 3rd grade Hickory Hills Elementary School, Papillion, NE, 21 March 2002.

"Dissecting the Human Heart and Lungs. What do they look like and how do they work?" American Legion Post 32 and Mid America Council BSA, March 26, 2002.

"Stem Cell Research & Cloning: Should Cloning Be Legalized" Panel Discussion at the University of Northern Iowa, Cedar Falls, IA, 19 April 2002.

"Becoming an Author & How Your Heart Works." Third Graders at Walnut Creek and Hickory Hills Elementary Schools, Papillion, NE, 28 March 2003.

"Investigating How Your Heart and Lungs Work. Do you have one or two hearts?" Fifth Graders at Hickory Hills Elementary School, Papillion, NE, 4 April 2003.

"United We Stand" Tribute to US Military Personnel. With Video tape from Lee Greenwood (God Bless the USA) and letters of support from President George W. Bush and Vice-President Richard B. Cheney. 15 May 2003, Bellevue, NE.

"Understanding the risk factors of heart disease and their treatment." Dimensions in Clinical Medicine for Creighton Medical Students, Omaha, NE, 24 April 2003.

FH Washout protocol. The New Standard of Care coming from the Biggest little City in the World. Sierra Nevada Cardiology Associates, Reno, NV. 21 January 2009

Radio Interviews:

"For the Health of It!" Emergency Room Management of Acute Myocardial Infarction. The Cardiologists Perspective. KCFI Radio, January 28, 1994.

KFAB 1110 Radio, Omaha, NE, Interview with Gary Saddlemeyer and Mary O'Keefe, June 6, 1997.

KKCD FM/CD 105.9 Radio, Omaha, NE, Interview with Otis 12 and Liz Adams, June 20, 1997.

WMT Radio Interview, Cedar Rapids, IA, Mike Grim, July 17, 1997.

KCCK Radio Interview, Cedar Rapids, IA, Nancy York, July 17, 1997.

University of Northern Iowa, Public Radio Interview, Cedar Falls, IA, July 19, 1997.

University of Northern Iowa, Cedar Falls, IA, Presentation: "How to Bypass Your Bypass", July 19, 1997.

WHO AM talk radio 1040, Des Moines, IA, Interview, Jan Michelson, July 25, 1997.

KGBI 100.7 FM Interview, Omaha, NE, Heath Kramer and Jeff Kaiser, August 6, 1997.

KFOR 1240 AM Radio, Interview, Cathy Blythe, September 4, 1997.

KNSF News Talk Radio, Wichita, KS, Interview with Dr. Galichia and Kyle Graham, September 6, 1997.

KCSR Radio, Chadron, NE, Interview with Celeste Lee - Part I, September 6, 1997.

KCSR Radio, Chadron, NE, Interview with Celeste Lee - Part II, September 9, 1997.

KMUW PBS Radio Station, Wichita, KS, Interview, Lou Stephens, September 11, 1997.

KCUR FM 89.3, University of Missouri - Kansas City, Kansas City, MO, Interview on "the Walt Bodine Show", Walt Bodine, September 17, 1997.

WIBW AM Radio, Interview, Topeka, KS, Sam Elliott, September 18, 1997.

KCMO Radio, Interview, Kansas City, MO, Russ Johnson, September 19, 1997.

KEFM K-Lite 96.1 FM, Radio Interview, "Outta Bed with Jack & Fred", Omaha, NE, September 22, 1997.

KGBI 100.7 FM, Interview, Omaha, NE, Heath Kramer and Jeff Kaiser, September 22, 1997.

KRTK FM 97.1 Radio, Interview, "America Talks Health", Dr. Keith Robinson, Houston, TX, October 3, 1997.

Crawford Broadcasting Systems, Syndicated Radio Talk Show, Irvine, TX, "Positron Emission Tomography for Heart Disease and Cancer", November 7, 1997.

KIOS 91.5 FM, UNMC Public Affairs National Public Radio Interview, Tom O'Connor, November 12, 1997.

Healthy Living, Nationally Syndicated Radio Talk Show, Fort Myers Florida, Dr. Brad Rachman, Three One Hour Interviews "Diet and Heart Disease", aired throughout Holiday Season December 1997 - January 1998.

KRTK FM 97.1 Radio, Interview, "America Talks Health", Dr. Keith Robinson, Houston, TX, April 3, 1998.

KRTK FM 97.1 Nationally Syndicated Radio Talk Show, Interview, "Heart Disease and What You Can Do About It", Dr. Keith Robinson, Houston, TX, July 22, 1998.

KRTK FM 97.1 Nationally Syndicated Radio Talk Show, Interview, "What Causes Heart Disease and Strokes", Dr. Keith Robinson, Houston, TX, August 5, 1998.

KRTK FM 97.1 Nationally Syndicated Radio Talk Program "America Talks Health", "Breakthroughs in Heart Disease" Dr. Keith Robinson, Houston, TX 23 January 1999.

KFAB AM 1110 Co-Anchor with Mary O'Keefe for Drive Time Radio, Omaha, NE, 11 February 1999.

KFAB AM 1110 Co-Anchor with Mary O'Keefe for Drive Time Radio, Omaha, NE, 11 February 1999.

"The Fleming Unified Theory of Vascular Disease and the American Diet." Here's to Your Health Syndicated AM Radio Talk Program with Deborah Ray and Dr. Carron. June 5, 2000.

"The Fleming Unified Theory of Vascular Disease and the American Diet." AM Radio Talk Program with Dr. Dennis Courtney, Pittsburg, PA. June 21, 2000.

"The American Diet and Heart Disease." AM Radio Talk Program with Dr. Dennis Courtney, Pittsburg, PA. July 17, 2000.

"High-Protein Diets and Heart Disease." Here's to Your Health Syndicated AM Radio Talk Program with Deborah Ray and Dr. Carron. October 19, 2000.

WBYU 1450 AM Talk Radio, "Diagnosis and Treatment of Heart Disease and Breast Cancer and the Impact of Diet." Bob and Jan Carr Show, New Orleans, LA, November 13, 2000.

"The Cheney Syndrome" Canadian Broadcasting Corporation. Dr. Brian Goldman. Healthnetwork, Toronto, Canada. July 2-6, 2001.

Breast Enhanced Scintigraphy Testing, Breast Cancer and It's Treatment. WTIX AM 690. Host Susan Burdicker 16 October 2001.

Vibrant Life Radio Talk Show with Drs. Tim Arnott and Diehl. 18 December 2003 Syndicated Radio.

The Debra Ray Show "Inflammation and Heart Disease" 5 January 2004 Syndicated Radio.

"How inflammation causes serious illness." By: Mike Carruthers of "Something you should know." 20 January 2004. Syndicated Radio.

The Frankie Boyer Radio Program "How diet affects heart disease through inflammation." 21 January 2004 - Syndicated Radio.

Dr. Tim Arnott Radio Program Life Talk Radio "Stop Inflammation Now!" 22 January 2004. Syndicated Radio.

Gary Null radio program "Inflammation and Heart Disease" 23 January 2004 Syndicated Radio.

WTAM AM talk radio with Bill Willis, Cleveland, OH, "Hidden Heart Dangers"
16 April 2004.

www.talknetradio.com, "Diets from 'A' Atkins to 'Z' Zone, Harvey S. Bartnof,
MD, 25 May 2004.

WBAI-FM, New York, NY, "Stop Inflammation Now!" "Natural Living" The
Gary Null syndicated radio program, February 3, 2005.

WROL-AM, WSRO-AM, Boston, MA, "Stop Inflammation Now!" "The Frankie
Boyer Show", Syndicated radio program, February 4, 2005.

"Health Radio Network" "Dr. Mike's Look Younger, Live Longer Health Radio
Show" February 5, 2005

WSRO-AM, Boston, MA, "Stop Inflammation Now!", "Frankie Boyer Show",
February 7, 2005

1060-AM, Boston, MA, "Stop Inflammation Now!", "Frankie Boyer Show",
February 7, 2005.

WGFS-AM radio "HealthLine" with Steve Aldridge, Atlanta, GA, February 7,
2005.

"Health Talk Radio", "The Deborah Ray Show", "Stop Inflammation Now!"
February 8, 2005

CKLW-AM 800, Detroit/Windsor, ON, "The Health Report" with Melanie
Deveau, February 14, 2005

KFCD-AM, Dallas, TX, "Stop Inflammation Now!", "The Kevin McCarthy
Show", February 17, 2005.

WBAJ Radio, The John Sebastian Show, Detroit, MI, March 1, 2005.

WBCB-AM, "Family Matters" with Anthony Mustello, Philadelphia, PA, March
9, 2005.

CNN radio national, *espaniol*, "Inflammation and Heart Disease", with Maria
Desax-Guerrero, March 9, 2005.

WWOW-AM, "Louie Free Radio Show", Cleveland, OH, March 21, 2005.

WEEU-AM, "Healthy Living with Nature's Garden" with Susanne Fiori,
Reading, PA, March 21, 2005.

Marshall Radio, "PM Pages", with Liz Gunderson, Marshall, MN, April 4, 2005.

"The Beyond Health Show" with Raymond Francis, April 5, 2005

KYCY 1550 AM, San Francisco, CA

WWNN 1470 AM, Southeastern, FL

KMYL 1190 AM, Phoenix, AZ

"Your Second 50 Years in Radio Show" with Hedi Headley,

www.carefreepr.com/2nd50years.html, April 12, 2005

KKNT Phoenix, AZ

KLAV Las Vegas, NV

KAAA, KZZZ, etc.

WOR-AM radio, "Health Talk with Dr. Ronald Hoffman", New York/National,
April 12, 2005.

World Talk Radio (VoiceAmerica.com)"Health Matters" with host Shoshanna
Bennett, www.worldtalkradio.com/archive.asp?aid=3908, April 16, 2005.

Creative Health & Spirit Radio Show, with Linda Mackenzie, Los Angeles, CA,
June 8, 2005.

KKOH 780 AM with Jim Fannin. Obama-Biden Transition Team Health Care
Discussion. December 22-28, 2008.

KUNR Public Radio with Danna O'Conner, Obama-Biden Transition Team
Health Care Discussion. December 22-28, 2008.

Television Interviews:

Channel 7, KETV Interview on Cholesterol, Omaha Nebraska, February 14, 1988.
Taken from Channel 7, KETV Interview on Cholesterol, Omaha, Nebraska,
February 13 - 17, 1989.

KTRK, Channel 13, PET Imaging, with Dr. James (Red) Duke, Houston, Texas,
February 17, 1991.

KTRK, Channel 13, Heart Rhythms with Dr. James (Red) Duke, Houston, Texas,
July, 15, 1991.

Channel 6, WOWT Interview on Treatment of Hyperlipidemias in the Elderly
Patient, Omaha, Nebraska, January 26, 1995.

KMTV 3 Television Interview with Trina Creighton, May 6, 1997.

KPTM FOX 42 Television Interview with Susan, June 13, 1997.

ABC News 8, Lincoln, NE - Linda Van Hoosen, June 22, 1997.

COX Cable Channel 23, Omaha, NE with Michael Braunstein, June 24, 1997.

WOWT Ch 6 - NBC Television, Omaha, NE with Sue Bagerly, July 7, 1997.

KGAN 2 Television Interview, Cedar Rapids, IA, Michelle Hall, July 17, 1997.

KWWL Ch 7 Television Interview, Waterloo, IA, Heather King, July 17, 1997.

WOI - TV 5 Interview, Des Moines, IA, Scott Smith, July 25, 1997.

WHO TV - 13 Interview, Des Moines, IA, Lori Graves, July 25, 1997.

KCCI TV - 8 Interview, Des Moines, IA, John Hoya, July 25, 1997.

KCTV CBS - Ch 5 TV Interview, Fairway (Kansas City), MO, Lori Tubbs,
August 1, 1997.

WOWT Ch 6 - NBC TV Interview, Omaha, NE, Sue Bagerly, August 5, 1997.

KETV Ch 7 Television Interview, Omaha, NE, Carol Klauss, August 7, 1997.

COX Cable Ch 23 Television Interview, Omaha, NE Michael Braunstein, August
11, 1997.

KMTV 3 Television Interview, Omaha, NE, Trina Creighton, August 13, 1997.

NBC Ch 5 Affiliate, Chicago, IL, Interview Program, Lisa Ripson, August 30,
1997.

KWCH TV - 12, Wichita, KS, Interview, Susan Arensman, September 12, 1997.

KAKE TV - 10 ABC Affiliate, Wichita, KS, Interview, Mike Luen, September
12, 1997.

KSNW TV - 3, Wichita, KS, Interview, Kathy Ivy, September 12, 1997.

KTKA 49 ABC Affiliate, Television Interview, Topeka, KS, Felicia Rolfe,
September 18, 1997.

KSNT TV - 27, NBC Affiliate, Interview, Topeka, KS, Jody Shields, September
18, 1997.

FOX 42 Television, Interview, Kansas City, MO, Mike Walter, September 19, 1997.

KPRC Ch 2 - TV, Interview, Houston, TX, Melissa Block, October 4, 1997.

KTVO - TV, Ottumwa, IA, Angela Height, October 10, 1997.

Cox Cable Public Access Ch 23, Omaha, NE, "Integrating Medicine and the 21st Century" - Parts I and II (2 hours), Michael Braunstein, November 4, 1997.

Cox Cable Public Access Ch 23, Omaha, NE, Interview "Heart Disease and Healthcare in the United States - Part I", Mary Matthews, November 18, 1997.

Cox Cable Public Access Ch 23, Omaha, NE, Interview "Heart Disease and Healthcare in the United States - Part II", Mary Matthews, December 2, 1997.

Cox Cable Public Access Ch 23, Omaha, NE, Interview "Heart Disease and Healthcare in the United States - Part III", Mary Matthews, December 16, 1997.

Cox Cable 23, "The Fleming Unified Theory of Vascular Disease" Host: Michael Braunstein, April 1999.

Fox 42 News, "Holiday Binging & Holiday Dieting", Omaha, NE, December 30, 1999.

Cox Cable 23, "The New Doctors" Host: Michael Braunstein, February 15, 1999.

The results of high protein diets on heart disease. Fleming Data presented at the request of Dr. Dean Ornish. **Good Morning America**, New York, NY, 7 August 2000.

"Diagnosing and Treating Heart Disease", Fox 42 News, Omaha, NE, August 18, 2000.

High Protein Diets and Heart Disease, **The Today Show** with Katie Couric, New York, NY, October 6, 2000.

Study sheds doubt on Atkins Diet, **MSNBC Home Page Segment**, New York, NY, October 6, 2000.

Channel 8, Documentary on Breast Cancer, New Orleans, LA, November 13, 2000.

"Breast Cancer" **Discovery Network Canada**. Original components filmed in June 2001. Sydney Suissa

"Breast Enhanced Scintigraphy Testing" PBS Special Part II Breast Cancer taping scheduled for Oct-Nov 2001 with Clara Wilkenson executive producer. Pending release filmed: 2002.

"Reversing the Aging Process. The Role of Diets and Heart Disease" Filming November 3, 2001 in San Diego, CA. Pending release filmed: 2002.

"Hidden Heart Disease. Could a simple, inexpensive test save your life?" 20/20 - ABC Network 16 April 2004.

"Could simple heart test save your life?" ABCNEWS.com Q & A posting 21 April 2004.

Big Story: "Doctor holds health care discussion to help Obama." December 29, 2008.

Newspaper Articles:

TIMES Newspaper, Papillion Nebraska, Teresa Hoffman, June 4, 1997.

Lincoln Journal Star "Omaha doctor's heart book a cautionary tale." by David Swartzlander, June 21, 1997.

Omaha World Herald, Omaha, NE, Donnette Dunbar, June 30, 1997.

TIMES Newspaper, Papillion Nebraska, Teresa Hoffman, July 9, 1997.

TIMES Newspaper, Papillion Nebraska, "Papillion doctor's diet book can cut cholesterol." Teresa Hoffman, July 16, 1997.

Waterloo-Cedar Falls Courier, Waterloo, IA, "Heart Smart", Staci Schmit, July 16, 1997.

The Des Moines Register, Des Moines, IA, "The Cholesterol Connection", Melinda Voss, July 21, 1997.

Cedar Rapids Gazette, Cedar Rapids, IA, "Eating for a Healthy Heart", Elizabeth Kutter, August 4, 1997.

The Catholic Voice, Northeast Nebraska Newspaper, "Meet the Author", August 8, 1997.

Pitch Weekly Newspaper, Kansas City, MO, "Omaha doctor takes a different path in heart disease research." Patrick Dobson, August 21-27, 1997.

Pioneer Press, Glenview (Chicago), IL, Virginia Girst, August 30, 1997.

The Reader, Omaha, NE "How to Bypass Your Bypass", Michael Braunstein, September 4-11, 1997.

The Wichita Eagle, Wichita, KS, "Omaha doctor to talk about healthy hearts." Karen Shideler, September 9, 1997.

The Topeka Capitol-Journal, Topeka, KS, "The bypass bypass", September 15, 1997.

University of Northern Iowa (UNI) Special Report, Cedar Falls, IA, "Richard Fleming: teaching heart-happy living." September 24, 1997.

TIMES Newspaper, Papillion Nebraska, Local doctor to host healthy living seminar, September 24, 1997.

University of Northern Iowa (UNI) Special Report, Cedar Falls, IA, "Richard Fleming: teaching heart-happy living." September 24, 1997.

TIMES Newspaper, Papillion Nebraska, Local doctor to host healthy living seminar, September 24, 1997.

The Daily Nonpareil Newspaper, Council Bluffs, IA, "Heart of the Matter: Cardiologist tackles cholesterol head on." Carla Chance, October 6, 1997.

Ottumwa Courier, Ottumwa, IA, "Cardiologist to examine questions from the heart." Judy Kreiger, October 7, 1997.

Omaha Magazine, Omaha, NE, Article on Cholesterol, Nuclear Cardiology and Heart Disease, Jan Bass, January - February Issue 1998.

The Informer, "Heart of Learning", Papillion - LaVista, NE, Fall 1998.

The Reader, Omaha, NE "One for the Heart - What a Tangled Web We Weave", Michael Braunstein, February 11-17, 1999.

The Times, "Heart Smart: Local Doctor Has One-of-a-Kind Clinic", by: Jamie Nelson Hestermann, Papillion, NE, March 17, 1999.

Waterloo Cedar Falls Courier, Waterloo, IA, "Ex-resident using expertise to probe two diseases at once." EXCLUSIVE, by: Heather Lilienthal, April 22, 1999.

The Midlands Business Journal, "Early Diagnosis Prompts Opening of Fleming Institute", by: Wendy Clark, Greater Omaha, Lincoln (NE) and Council Bluffs (IA), Vol 25, No 17, April 30 - May 6, 1999.

Omaha World-Herald, "So Long Cigarettes", by: Kristi Wright, Omaha, NE, May 25, 1999.

"Nuclear Imaging: Helping to detect breast cancer"/"The debate over nuclear imaging." by Theresa Cha, The Lincoln Journal Star, Lincoln, NE, March 14, 2000.

"The New Doctors. Medicine Meets Healing on the Road to Health." by Michael Braunstein. Healing Arts Directory. March 15, 2000.

"Breast Cancer Update. Mammograms: Who Needs Them? Well, Maybe Nobody." by Michael Braunstein. Healing Arts Directory. March 15, 2000.

"High-Protein diet can hurt heart." by Theresa Cha, The Lincoln Journal Star, Lincoln, NE, August 6, 2000.

"Waterloo native sets the diet world on end." Meta Hemenway, Waterloo Cedar Falls Courier August 13, 2000.

"Doctor on 'Today' to take shot at fad diet." Meta Hemenway-Forbes, Waterloo Cedar Falls Courier October 5, 2000.

"Surprising study. Success in a controlled diet for local teens. by Ridgely Ochs, Newsday, Long Island, NY, October 13, 2000.

"Breast Cancer article" The Globe and Mail (**Canadian National Newspaper**) article by Mr. Paul Taylor (Health Editor). Original Interview June 27, 2001.

"Questions about stem cell issue dominate UNI panel discussion." article by Terry Hudson, Waterloo Daily Courier, April 21, 2002.

"Experts Declare Story Low on Saturated Facts." by Sally Squires, science writer for The Washington Post, August 27, 2002.

"Dieters charge Atkins led to heart ills." By: Reuters Press. MSNBC news. 20 November 2003.

"Area woman – Atkins diet has great risks." By: David Montero, Ventura County Star, Ventura, California, 3 January 2004.

"The Dynamic Duo" Stat Medicine Feature story. Lincoln Journal Star by Marc Andersen, 13 January 2004.

"The Heart Doctor Diet: Heart disease is Britain's biggest killer. Here, a top cardiologist reveals how a revolutionary detox can halt years of damage in just 7days." The Daily Mail, London, England, March 9, 2004.

"Defend against Britain's biggest killer." Life & Style (The London Web site of the year 2004). March 9, 2004.

"Eat to save your life." Daily Mail, by Michael Joseph, March 17, 2004.

"Anti-inflammatory Eating", The Washington Post, by Katherine Tallmadge, January 26, 2005.

"Detecting new risks for heart disease", The Los Angeles Times, by Shari Roan, February 28, 2005.

ABC News. Kellogg's Bad Apple Cartoon Causes Food Fight. Advocacy Group Says Cereal Ad is Misleading. By Michael Silverman, July 21, 2005.

ABC News Health. A Less-Fatty Big Apple? By Ryan Stanton, MD, September 27, 2006.

"Fire in your Arteries" by: Karen Ansel, RD, Best Life Magazine, February 16, 2007.

"Meetings set on Reno-area health care." By Frank X. Mullen, Jr. Reno Gazette-Journal. December 28, 2008.

"Forum set on health proposals: Freedom of Choice Act among discussion topics." By Frank X. Mullen, Jr. Reno Gazette-Journal. December 29, 2008.

"Northern Nevadans weigh in on national health-care reform." By Frank X. Mullen, Jr. Reno Gazette-Journal. January 4, 2009.

Non-medical Journal Reports/Magazines:

"Taking Diet to Heart" Today's Health and Wellness Magazine. by: Susan Perry Jan/Feb 2001.

"Your Ready to Start Exercising: Is Your Heart?" Today's Health and Wellness Magazine. by: Susan Hawthorne May/June 2001.

"Your big new threat: Inflammation" USA Weekend. By: Jean Carper. 9 March 2003.

"Can Fat be Good for You?", by: Janis Graham, Good Housekeeping, August 2003.

"Anti-inflammation Diet: A cure wrapped in plants." Today's Health and Wellness Magazine. By: Lynn Madsen. Jan/Feb 2004.

"Vital & Fit: The latest on cancer prevention." Let's Live. By: Vera Tweed. February 2004.

"Stop Inflammation Now!", New Living Magazine, New York, New York, 9 April 2005. www.newliving.com

"Health know-how. Cellular inflammation." First for Women Magazine, 23 May 2005.

Self Magazine article on Inflammation, February of 2006.

Big Brains Cutting-Edge Medical Technologies. Raising the Standard of Care: Northern Nevada's Medical Technology. By: Jennifer R. Baumer. RLife Magazine. February 2009.

Medical Journal Reports:

"Time to rethink angina, role of SPECT imaging. by Conni Ford Bergmann, Cardiology Today, 2000;3(7).

Preventive Cardiology: "High-protein diets may lead to CAD progression." by Conni Ford Bergmann, Cardiology Today, 2000;3(11):42.

"Diet and Nutrition in Your Practice. Cautioning Patients about Extreme Diets." by Charlotte LoBuono. Patient Care, 2001;Aug 15, 28-46.

"Nuclear Medicine Fits Bill for Problem Breast Diagnosis: Scintimammography and PET show Promise for Detecting Primary Cancer, Recurrence, and Metastasis. Breast Enhanced Scintigraphy Testing" Diagnostic Radiology Imaging. Special Session by: Karen Sandrick, 2001;Sept: 49-52.

"Non-invasive assessment of heart disease." Diagnostic Radiology Imaging. December 2001.

"New Research Supports Whole Soy's Role In Breast Health" Dr. Christiane Northrup's Health Wisdom for Women. June 2002, 9:6-8.

"Novel Imaging Technique Reveals Breast Benefits of Soy Supplementation." by Erik L. Goldman (editor-in-chief). *Holistic Primary Care* April 15, 2002; pp. 1 and 6.

"Why the confusion about low- and high-fat diets?" by Richard M. Fleming, MD, special to *Today in Cardiology*. *Cardiology Today* 2002:5(9):26.

"Best Case" American Society of Nuclear Cardiology: *Imaging Update*. January 2009:4.

PRESENTATIONS AT HOSPITALS AND MEDICAL CONFERENCES:

Cardiopulmonary and Trauma Instructor, University of Iowa College of Medicine Freshman and Sophomore Classes on Emergency Medicine, Iowa City, Iowa 1981 - 1983.

Faculty for Basic Life Support Classes for Hospital Staff and Employees (Physicians, Residents, Nurses and Ancillary personnel), University of Iowa Hospitals and Clinics, Iowa City, Iowa, 1983 - 1986.

Faculty for Advanced Cardiac Life Support classes, University of Iowa Hospitals and Clinics, (Physicians, Residents, Nurses and Ancillary personnel), Iowa City, Iowa, 1985 - 1986.

Faculty for Advanced Cardiac Life Support classes, Residents in Internal Medicine, Surgery, Family Practice and Pediatrics, Des Moines, Iowa, 1986 - 1987.

Development and Institution of the Cardiopulmonary Rehabilitation Risk Factor Modification and Cardiopulmonary Stress Testing Program with Dr. Francisco Fuentes, Hermann Hospital, Houston, Texas, 1989 - 1990.

Presentation of Atrial Fibrillation, It's Causes, Symptoms and Treatment. *For Hermann Hospital's Children's Miracle Network Telethon*. Donation by Marion-Merrell Dow Pharmaceuticals, May 1992.

Nuclear Cardiology, **Grand Rounds** at St. Luke's Hospital, Cedar Rapids Iowa, August 27, 1992.

Interpreting Results of Coronary Arteriography. Sartori Hospital, Cedar Falls, Iowa March 9, 16, and 30, 1994.

Sartori Health Notes "Home Safe Home" A Publication for Sartori Works Clients, Sartori Memorial Hospital, July 1994.

"Angina" Erhling Berquist Hospital, USAF (SAC), Omaha, Nebraska January 1995

"What to Expect in the Treatment of Hyperlipidemia." **Grand Rounds**, Bergan Mercy Hospital, 11 April 1995.

"Cardiac Risk Factor Update: How to Bypass Your Bypass." Creighton University Family Practice Department **Core Lecture**, January 6, 1998.

University of Nebraska Medical Center (Omaha, Kearney, Grand Island & Plattsmouth). Family Practice **Grand Rounds**. "The Role of Diet in Prevention of Coronary Artery Disease." January 21, 1998.

"The Pathogenesis of Vascular Disease" Primary Care Physicians, Sioux Falls, SD, September 24, 1998.

"The Role of Lipids in the Pathogenesis of Vascular Disease", *Invited Lecturer* for the 16th Annual North Central Heart Fall Symposium, September 25, 1998.

"Noninvasive Assessment of Heart Disease in Women." First Annual Heartland Chapter Symposium. Alegent Health Bergan Mercy Medical Center, April 24, 1999.

"Fleming Unified Theory of Heart Disease" Erhling Berquist Hospital, USAF (SAC), Omaha, Nebraska. 2 September 1999.

"Nuclear Cardiology: When and How to Use It to Take Care of Your Patient", Erhling Berquist Hospital, USAF (SAC), Omaha, Nebraska, 8 October 1999.

"Dual Use Procedure for Detecting Breast Cancer and Heart Disease" Erhling Berquist Hospital, USAF (SAC), Omaha, Nebraska. 4 January 2000.

"What is Nuclear Cardiology?", Omaha Chapter of Professional Coders, 18 January 2000.

"Nuclear Cardiology - The New Millenium" Erhling Berquist Hospital, USAF (SAC), Omaha, Nebraska. 28 January 2000.

"Is the patients chest pain due to angina? The role of Nuclear Cardiology" The 51st Annual Conference for the North Dakota Society of Radiologic Technologists (NDSRT) and the American College of Radiologists (ACR). Fargo, ND. 28 April 2001.

"The Pathogenesis of Vascular Disease" The Fifth Annual International Congress of BioEnergetic Medicine. Orlando, Fl. May 26, 2001.

"Case Examples of Treating Heart Disease" The Fifth Annual International Congress of BioEnergetic Medicine. Orlando, Fl. May 26, 2001.

"Breast Enhanced Scintigraphy Testing (B.E.S.T.): Increased Accuracy in Detecting Breast Cancer Accomplished by Combining Breast and Cardiac Imaging" **Reading with the Experts Presentation.** 48th Annual Scientific Sessions for the Society of Nuclear Medicine, Toronto, Ontario, Canada. June 26, 2001.

"Myocardial Perfusion Imaging Using High-Dose Dipyridamole (HDD) Defines Angina: The Difference Between Coronary Artery Disease (CAD) and Coronary Lumen Disease (CLD)" **Reading with the Experts Presentation.** 48th Annual Scientific Sessions for the Society of Nuclear Medicine, Toronto, Ontario, Canada. June 27, 2001.

"Breast enhanced scintigraphy test (B.E.S.T.) demonstrates improvement in breast inflammation in women consuming soy protein." **Invited Presenter** at the 4th International Symposium on the Role of Soy in Preventing and Treating Chronic Disease. San Diego, CA, USA 4 November 2001.

"How diet influences diabetic risk factors for heart disease, including triglycerides, homocysteine and (TG/HDL) insulin resistance. 8th Annual Diabetes Expo, Phoenix, AZ, 1 May 2004.

"How do popular diets influence cardiovascular risk factors." Cardiac catheterization conference, University of Colorado Health Sciences Center, 4 May 2004.

"How do popular diets influence cardiovascular disease risk factors." Keynote lecturer for The Pritikin Center, 6 May 2004.

"Carbohydrates: A Simple and Complex Problem. How diets of varying carbohydrate content influence weight loss and the INFLAMMATORY CVDRFs responsible for coronary artery disease. 1st Nutrition News Forecast for the American Dietetic Association, Chicago, IL, 13 May 2004.

"Examining Heart Disease and Obesity: Does Treating One Automatically Treat the Other." Cardiovascular Disease Grand Rounds, University of Iowa College of Medicine. 1 December 2004.

"Can Dieting and Exercise Break the Cycle of Obesity, Inflammation and Heart Disease?" University of Missouri-Columbia Cardiology Conference, Columbia, MO, 22 June 2005.

What is MPI and When Should I Order It? Reno VAH Noon Conference, Reno, NV, 10 August 2005.

Non-invasive Cardiology for Medical Students: Understanding Echocardiography and Nuclear Cardiology. University School of Medicine, Reno, NV, 26 August 2005.

Reading Electrocardiograms. A Lecture Series: What can they tell us about the patient? Reno VAH/Univ. School of Med Reno, Internal Medicine, Noon conference. Reno, NV, 15 March 2006.

Echocardiography. What Does the Nurse Practitioner Need to Know? 25 April 2006.

Acute Coronary Syndromes and Electrocardiograms. Internal Medicine CME conference, CIHVAH, Des Moines, IA, 11 July 2007.

Advancements in Nuclear Cardiology: Sequential Imaging Unmasks Vulnerable Plaque, Internal Medicine Residents Conference, Renown Medical Center, Reno, NV, 12 June 2008

'Sequential Stress Imaging Unmasks CAD Missed by 60 Minute Imaging Only: How to More Accurately Find Your Patients Heart Disease.' Kneibert Clinic, Poplar Bluff, MO 22 August 2008.

'Blumgart and Fleming-Harrington. Why Sequential Imaging is More Important in the Detection of Heart Disease than Single Imaging Only Following Stress.' Board Room, Poplar Bluff Regional Medical Center. Poplar Bluff, MO. 27 August 2008.

FH Washout Protocol. The New Standard of Care coming from the Biggest Little City in the World. Renown Medical Center, January 21, 2009.

Multiple SPECT Images at 5 and 60 Minutes Following Stress are Critical in Clinical Decision Making! Poplar Bluff Education Symposium, Cape Girardeau County Area Medical Society. Poplar Bluff, MO, February 21, 2009.

SPECIFIED LECTURES

IMPACT Communications, Inc. Hypertension in the Older Patient: Integrating New Guidelines into Clinical Practice (Pfizer), March 1998 - April 1999.

American Heart Association, Nebraska - Speaker's Bureau 1996 - 1999.

The Importance of Treating Both Hypercholesterolemia and Hypertriglyceridemia. (Abbott) - April 1998 - Present.

Faculty Lecturer "the Treatment of Hypercholesterolemia or mixed dyslipidemia".
(SmithKline Beecham) August 1998 - Present.

Faculty Lecturer "Hypercholesterolemia and Lipid-Lowering Therapy (Novartis)
November 1998 - 2000.

Invited Speaker for the Society of Nuclear Medicine (Molecular Imaging)
Speakers Bureau, 19 March 2008 - Present.

MODERATOR AND GOVERNMENT EVENTS

Obama-Biden Transition Team, Health Care Community Discussion, Reno,
Nevada, December 29, 2008.

PEER REVIEW MEDICAL JOURNAL Reviewer, editor and grant reviewer

Contributing Editor for the *American Journal of Physiologic Imaging*, 1992-1993.

Cardiology/Nuclear Cardiology Reviewer *Mayo Clinic Proceedings* 1997 -
Present.

Member of Editorial Board, *International Journal of Angiology* May 1997 - 2002.

Member of Editorial Board, *HeartDrug*, December 1999 - 2000.

Lancet Reviewer, 2002 – Present.

Angiology, the Journal of Vascular Disease, Editorial Board/Reviewer, 2002 –
Present.

Member of World Association of Medical (WAME) Editors, 2002 – Present.

The Journal of Nutrition, 2003 – Present

Circulation, 2004 – Present

U.S. Department of Health and Human Services, Health Resources and Services
Administration, Grant Reviewer for Cardiovascular Critical Care, Cancer, and
Nutrition. 2006 -Present.

Stroke, 2006 – Present.

Journal of Cardiovascular Pharmacology and Therapeutics, 2008 – Present.

Evidence Based Complementary and Alternative Medicine (ecam), 2009 –
Present.

The American Journal of Medicine, 2009 – Present.

The Journal of Nuclear Medicine, 2009 – Present.

The International Journal of Cardiology, 2009 – Present.

Reviewer AND editor FOR Non-medical journals

NON-MEDICAL Journals

Contributing writer for *Strictly Health*, *Strictly Business*, and *Strictly Women*, Lincoln, NE 1997.

Member of Medical Advisory Board for Today's Health and Wellness Magazine, December 2000- Present.

RESEARCH Grants AND STUDIES

Teboroxime research project with SPECT Imaging, Squibb Diagnostics, 1989-1992.

Parke-Davis Phase IV Clinical Investigator for the "ADOPT Study" 1991 - 1992.

Phase IV Studies with Norvasc 1992 - 1993.

Phase III Trials "The Safety and Efficacy of Cardizem CD for the Treatment of Stable Angina Pectoris" 1992 - 1993.

The Evaluation of CardioTec Resting Washout in Comparison to 201-Thallium in Patients Scheduled for Coronary Arteriography. 1993

GUSTO Investigator in Iowa, 1992 - 1994

PAREXEL Alive (AzimiLide Post Infarct SurVival Evaluation Trial) study
Principal Investigator 1998 - 1999

CURE (Clopidogrel in Unstable Angina to Prevent Recurrent Ischemic Events)
Trial with Sanofi Pharmaceuticals and Bristol-Meyers Squibb. M-Pact
Investigator with Mayo Clinic 1998 - 1999

Coronary Artery Disease in Women, Assessment by SPECT MPI, DuPont Radiopharmaceuticals, 1999.

The Womens' Forever Young Soy Research Study. Funding with Abbott Pharmaceuticals, DuPont Diagnostics, Physicians Laboratories and Nuclear Cardiology Systems. 1999.

Takeda Pharmaceuticals "Pioglitazome vs. Glyburide in the Treatment of Type II Diabetes Mellitus and Mild to Moderate CHF" 2002 – 2003.

TACT (The Trial to Assess Chelation Therapy). Funded by the National Institutes of Health (NIH-NCT00044213). 2003 - 2004.

A randomized, double-blind comparison of apadenoson and adenosine to treadmill exercise stress for single photon emission computed tomography (SPECT) myocardial perfusion imaging (MPI). BMS068645-305. Bristol Myers Squibb, 2006.

Protocol CV185-068/BMS. The utilization of Apixiban in Acute Coronary Syndrome. Bristol Myers Squibb, 2009.

PATENTS SUBMITTED

Breast Enhanced Scintigraphy Testing (applied June 2002). US Patent office (in process).

PUBLICATIONS

Non-Medical Publications

The Value of Vitamins. *Strictly Health* Nov/Dec 1997

Does Someone You Love Have Heart Disease? *Strictly Health* Jan/Feb 1998.

Women and Heart Disease. *Strictly Business* February 1998.

The Evolution of Medicine. *The Reader*. February 1998.

Integrated Physicians of Nebraska, PC. Some Questions and Answers with Richard M. Fleming, M.D. *Journal of the American Chiropractic Association*. March 1998.

PRELIMINARY PHASE RESEARCH PRESENTED LOCALLY

"A Study on the Effects that 13 H-Dibenzo(a,i)-carbazole, Benzo(a)pyrene and Dibenzothiophene have on the Growth of Tetrahymena pyriformis." Undergraduate work at the University of Northern Iowa, Cedar Falls, Iowa, Department of Biology, Professor Barton Bergquist, 1979 - 1980.

"Avoidance and Anxiety Reactions." Undergraduate and Graduate work at the University of Northern Iowa, Cedar Falls, Iowa, Department of Psychology, Professor John Sommerville, Dean of the Graduate College, 1982 - 1983.

"Sodium and Hypertension Studies" Senior Medical Student/Honors Program in Internal Medicine. Drs. William Lawton and Allyn Mark, University of Iowa College of Medicine. 1985 - 1986.

FEDERAL PUBLISHED REPORTS INCORPORATING MY PUBLISHED DATA

Grady D, Chaput L, Kristof M. Diagnosis and treatment of coronary heart disease in women: Systematic review of evidence on selected topics. Evidence report/technology assessment Number 81. (Prepared by the University of California, San Francisco-Stanford evidence-based practice center under Contract No. 290-97-0013.) AHRQ Publication No. 03-E037. Rockville, MD: Agency for Healthcare Research and Quality. May 2003. www.ahrq.gov.

EUROPEAN POSITION PAPER ON ATHEROSCLEROSIS INCORPORATING MY PUBLISHED DATA

Reiner Z, and the European Atherosclerosis Society. Position Paper incorporating: **Fleming RM**, Harrington GM. "What is the Relationship between Myocardial Perfusion Imaging and Coronary Artery Disease Risk Factors and Markers of Inflammation?" *Angiology* 2008;59:16-25.

WORKS IN PROGRESS PRESENTATIONS

Fleming RM., Kirkeeide RL, Taegtmeier H, Adyanthaya A, Cassidy DB, Goldstein RA. Feasibility of SPECT Perfusion Imaging with Technetium 99m - Teboroxime: Comparison to Thallium - 201 and Quantitative Coronary Arteriography. 37th Annual Society of Nuclear Medicine Meeting, Washington, DC. June 19 - 22, 1990.

PROFESSIONAL AND MEDICAL JOURNALS

Bergquist BL. Dandelion Floral Stems: A Model for Teaching Cellular Tonicity. *the American Biology Teacher*, 1981;43(1):45-47.

Sommerville JW, Barrios FX, **Fleming RM**, Reiher TC, Fish NL. Differences in Characteristics Preferred by College Students for Academic Advisors, Vocational Counselors and Psychotherapists: A Preliminary Report. *Perceptual and Motor Skills*, 1982;54:29-30.

Fleming RM, Kirkeeide RL, Taegtmeier H, Adyanthaya A, Cassidy DB, Goldstein RA. A Comparison of Technetium 99-m Teboroxime Tomography to Automated Quantitative Coronary Arteriography and Thallium - 201 SPECT. *J Am Coll. Cardiol.* 1991;17:1297-1302.

Fleming RM, Kirkeeide RL, Smalling RW, Gould KL. Patterns in Visual Interpretation of Coronary Arteriograms as Detected by Quantitative Coronary Arteriography. *J Am Coll. Cardiol.* 1991;18:945- 951.

Fleming RM, Gibbs HR, Swafford J. Using Quantitative Coronary Arteriography to Redefine SPECT Sensitivity and Specificity. *Am J Physiol. Imag.* 1992;7:59-65.

Fleming RM, Detecting Coronary Artery Disease Using SPECT Imaging: A Comparison of Thallium-201 and Teboroxime. *Am J Physiol Imag* 1992;7(1):20-23.

Fleming RM, Harrington GM. Quantitative Coronary Arteriography and it's Assessment of Atherosclerosis. Part 1. Examining the Independent Variables. *Angiology* 1994;45(10):829-833.

Fleming RM, Harrington GM. Quantitative Coronary Arteriography and it's Assessment of Atherosclerosis. Part 2. Calculating Stenosis Flow Reserve Directly from Percent Diameter Stenosis. *Angiology* 1994;45(10):835-840.

Fleming RM, Rose CH, Feldmann KM. Comparing a High Dose Dipyridamole SPECT Imaging Protocol with Dobutamine and Exercise Stress Testing Protocols. *Angiology* 1995;46(7):547-556

Fleming RM, Ketchum K, Gaede R. Treating Hyperlipidemia in the Elderly. *Angiology* 1995;46(12):1075-1083.

Fleming RM, Gaede, R. Teaching Physicians and Health Care Providers to Accurately Read Coronary Arteriograms. *Angiology* 1996;47(4):349-359.

Fleming RM, Ketchum K, Gaede R. Assessing the Independent Effect of Dietary Counseling and Hypolipidemic Medications on Serum Lipids. *Angiology* 1996;47(9):831-840.

Fleming RM, Feldmann KM. Comparing a High Dose Dipyridamole SPECT Imaging Protocol with Dobutamine and Exercise Stress Testing Protocols. Part II: Using High-Dose Dipyridamole to Determine Lung-to-Heart Ratios. *Intern J Angiol* 1998;7:325-328.

Fleming RM, Feldmann KM. Comparing a High Dose Dipyridamole SPECT Imaging Protocol with Dobutamine and Exercise Stress Testing Protocols. Part III: Using Dobutamine to Determine Lung-to-Heart Ratios, Left Ventricular Dysfunction and a Potential Viability Marker. *Inter J of Angiol* 1999;8:22-26.

Fleming RM. The Fleming Unified Theory of Vascular Disease: A Link Between Atherosclerosis, Inflammation, and Bacterially Aggravated Atherosclerosis (BAA). *Angiol* 2000; 51: 87-89.

Fleming RM. The Clinical Importance of Risk Factor Modification: Looking at Both Myocardial Viability (MV) and Myocardial Perfusion Imaging (MPI) *Intern J Angiol* 2000;9:55-69.

Fleming RM. The Natural Progression of Atherosclerosis in an Untreated Patient with Hyperlipidemia: Assessment via Cardiac PET. *Intern J Angiol* 2000;9:70-73.

Fleming RM. Shortcomings of coronary angiography. Letter to the Editor. *Cleve Clin J Med* 2000;67:450.

Fleming RM, Boyd L, Forster M. Reversing Heart Disease in the New Millennium - The Fleming Unified Theory, *Angiology* 2000;51(10):617-629.

Fleming, RM. The Effect of High Protein Diets on Coronary Blood Flow. *Angiology* 2000;51(10):817-826.

Fleming RM. High-Dose Dipyridamole and Gated Sestamibi SPECT Imaging Provide Diagnostic Resting and Stress Ejection Fractions Useful for Predicting the Extent of Coronary Artery Disease. *Angiology* 2002;53(4):415-421.

Fleming RM. A Tate-en-Tate Comparison of Ejection Fraction and Regional Wall Motion Abnormalities as Measured by Echocardiography and Gated Sestamibi SPECT. *Angiology* 2002;53:313-321.

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